



MAKES: 12-13 x 80g mousse domes PREP: 1 hour 5 minutes, plus freezing COOK: 10-12 minutes Refer to recipe for component breakdowns

# Strawberry rose Glitter Mirror Glazed Parfait Domes with Butter Biscuit

This glittering, strawberry rose dessert is an absolute showstopper. Queen adds flavour and convenience in every component, helping you deliver an upmarket menu creation that tastes as amazing as it looks.

# **Ingredients**

# **Rosewater Strawberry Parfait**

Makes: 12-13 x 80g mousse domes Prep: 20 min Freeze: 24 hours

90g white chocolate 540mL cream 7 egg yolks

100g caster sugar

1 tsp Queen Pro Natural Rosewater Flavour

70g strawberry puree

# **Butter Biscuit Bases**

Prep: 30 min Chill: 30 minutes

**Cook:** 10-12 min 185g butter, soft 220g caster sugar

1 tsp Queen Pro Organic Vanilla Extract

1 egg 1 egg yolk 375g plain flour

# **Assembly**

Prep: 15 min Freeze: 2 hours Queen Pro Glamour Mirror Glaze Queen Pro Rose Pink Food Colour white choc discs, to garnish white choc twirls, to garnish raspberries, halved to garnish crushed pistachios, to garnish edible flowers, to garnish

# Method

**RECIPE BY:** Angelica Iuliano Queen Professional Brand Ambassador

# STEP 1

For the parfait; melt chocolate and set aside. Place cream into a mixing bowl and whisk to medium peak, set aside in the fridge.

# STEP 2

Place egg yolks and sugar into a bowl and place on top of a pot of boiling water. Whisk constantly by hand until it reached 83°C. If you don't have a thermometer, whisk until thick and light in colour.

Fold in melted white chocolate, rosewater flavour and strawberry puree. Cool mixture to 25°C or cold to touch then fold together with the whipped cream. Fold together with whipped cream. Pour into 80g dome shaped moulds. Place in freezer for 24 hours.

# STEP 4

For the biscuit bases; place the butter, sugar and vanilla into a mixer with the paddle attachment and beat until smooth. Add egg and volk to butter mixture. then add flour and mix until just combined. Place dough onto a lightly dusted bench and knead slightly to form a ball. Wrap dough and place in fridge for 30 minutes.

# STEP 5

Preheat oven to 180°C. Roll out dough onto a lightly floured bench or between two pieces of baking paper to 5mm thick. Cut rounds to match the size of the parfait and place onto lined baking trays. Bake for 10-12 minutes or until golden. Allow biscuits to rest for 1 minute on tray then move to a cooling rack to cool completely.

# STEP 6

To assemble, demould parfait from the freezer and place onto a wire rack on top of a plastic wrapped tray.

See over for remaining method





MAKES: 12-13 x 80g mousse domes PREP: 1 hour 5 minutes, plus freezing COOK: 10-12 minutes Refer to recipe for component breakdowns

Strawberry rose Glitter Mirror Glazed Parfait Domes with Butter Biscuit

# Method (Continued)

# STEP 7

For the glaze; shake jar of Glamour Mirror Glaze for 8-10 seconds and pour into a bowl. Stir through pink food colour to desired hue. Pour into a piping bag, then pipe glaze evenly over domes. Tap the rack a few times to allow for excess run off of glaze. Place tray into the freezer for 2 hours.

Sprinkle plate with crushed pistachios and edible flowers. Place biscuit base on top, then place glazed dome on top of biscuit. Garnish with white choc discs, white choc twirls, raspberries. Serve frozen.